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Autostop Johnsonville

Preventative Maintenance Guide

Helping keep your vehicle safe with regular inspections and quality repairs.

Engine Oil Change Guide

Protect Your Engine With Regular Oil Changes

Engine oil is one of the most important fluids in your vehicle. It lubricates moving components, reduces friction, helps control heat, and protects expensive engine parts from wear.

Clean, quality oil helps your engine run efficiently and reliably throughout its life.

Why Engine Oil Maintenance Matters

Over time, engine oil becomes contaminated with:

- Dirt and debris
- Metal particles from engine wear
- Moisture
- Combustion by-products

As oil breaks down, it becomes less effective at protecting your engine.

Regular oil changes help prevent unnecessary wear and maintain engine performance.

Short Trips Can Affect Oil Life

Vehicles that are mainly used for short journeys often require extra attention.

Short trips may not allow the engine to reach its ideal operating temperature, meaning moisture and contaminants can build up in the oil.

If your vehicle is mostly used for:

- Short commutes
- School runs
- Stop-start driving

regular oil servicing becomes even more important.

What Happens During an Oil Change?

At Autostop, we use quality engine oils matched to your vehicle requirements.

An oil service may include:

- Draining old engine oil
- Replacing the oil filter
- Filling with the correct oil specification
- Checking for leaks or related issues

Where required, an engine flush may also help remove sludge and deposits.

Choosing the Correct Oil

Different engines require different oil specifications.

Using the correct oil helps maintain:

- Engine protection
- Fuel efficiency
- Performance
- Long-term reliability

Our technicians can recommend the right oil for your vehicle.